

The Life and Spirit of Appalachia

Henderson Settlement – Frakes, Kentucky

April 19 – 25, 2009

Retreat to this rural mountain community in Kentucky to learn about the life and spirit of Appalachia as well as various ministries provided within the Red Bird Missionary Conference. This event will be hosted by the Henderson Settlement, a Global Ministries-related National Mission Institution, committed to “meeting basic human needs in Appalachia.”

Learn firsthand about the mission and ministry of the United Methodist Church in Appalachia. Throughout this event, Primetimers will explore the history of three Appalachian settlement schools: Henderson Settlement, Red Bird Mission, and Pine Mountain Settlement School. Established in the early 20th century as educational facilities for Kentucky children, these institutions have evolved into the 21st century, adapting to a changing society with changing needs. After the schools were established, soon followed dormitories, farms, and additional staff persons, such as doctors, dentists, and social workers. In the 1970s, as public schools became more of an option for children in the area, the settlement schools adapted to address other community needs such as: providing adult literacy classes, maternal infant health outreach, and recreation for youth. Primetimers will have an opportunity to learn about - and be a part of - the various ministries provided today.

Participants will also get a sampling of Appalachian history and culture through the tales of a local storyteller and seeing a local craftsman in action. Take a trip to the Cumberland Gap National Historic Park to view this major break in the Appalachian Mountains, carved over many years by wind and water. Experience the coal mining industry at the Kentucky Coal Mining Museum. There Primetimers will learn about the daily life of a coal miner as well as the impact that mining has had on the Bluegrass State.

Participants will serve in mission through opportunities such as: tutoring children in reading, working at the Opportunity Store, light duty in community home improvement, volunteering in the library, or helping to maintain the Henderson campus.

This is a mountainous, rural region which would require persons to be able to walk up and down steep slopes. There are almost no sidewalks at the locations visited during this event.

Primetimers

A Mission Volunteers Program of the General Board of Global Ministries

The United Methodist Church

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EVENT CODE: 4HS

EVENT HOST:

Henderson Settlement
KY Highway 190, P.O. Box 205, Frakes, KY 40940
www.hendersonsettlement.com
(Henderson Settlement is project #773365 of The Advance.
Give at www.advancinghope.org.)



EVENT DATE:

April 19 – 25, 2009

EVENT COST PER PERSON:

\$505.00 Double Occupancy Room [includes housing, meals, local transportation, supplemental accident insurance, entrance fees and a GBGM administrative fee]. Participants are responsible for the cost of their transportation to and from the event.

ROOMS:

Lodging will be at the “bed and breakfast” guest housing on the main campus of Henderson Settlement. A limited number of rooms with ramp accessibility are available; however there are no wheelchair accessible shower facilities.

MEALS:

The first meal of the event will be dinner on Sunday, April 19. The last meal of the event will be breakfast on Saturday, April 25.

TRANSPORTATION:

Participants should not make travel arrangements until instructed to do so by the Event Coordinator. Henderson Settlement is approximately 85 miles from the Knoxville, TN Airport and approximately 130 miles from the Lexington, KY Airport. Transportation between the airport and Henderson can be arranged with the host ahead of time for an additional fee.

ESTIMATED PHYSICAL DEMANDS OF THE EVENT:

Description of terrain: This is a mountainous, rural region which means walking short distances are often on steep slopes. Additionally, there are almost no sidewalks at the locations.
Amount of walking per day: Average: 30 minutes of intermittent walking. Maximum: 1.5 hours of intermittent walking.
Number of flights of stairs per day: 1-2 (dictated by housing location & service project selection)
Requirements for entering/exiting transportation: Vans with one step in most instances
Distance participants will have to transport their luggage: 25 feet

REGISTRATION:

The registration deadline for this event is: **January 19, 2009**
Please send completed registration and deposit to:
Primetimers, Mission Volunteers, General Board of Global Ministries
475 Riverside Drive, Suite 1400, New York, NY 10115

REGISTRATION LIMIT:

Min: 20 participants Max: 40 participants

EVENT COORDINATOR:

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SHEPHERD:

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